

The Britannia

and Waves Restaurant

THE BRITANNIA INN RESTAURANT & ROOMS

TREGREHAN, PAR, CORNWALL, PL24 2SL | 01726812889 | INFO@BRITANNIAINN.COM



BAKED JACKET POTATOES

Available 12-6PM Mon-Sat | Freshly baked & served with salad

WEST COUNTRY CHEDDAR CHEESE & RED ONION MARMALADE (V) (GF)	£8.95
DRESSED PRAWNS (GF) With Marie-Rose sauce	£9.95
TUNA, SWEETCORN & MAYONNAISE (GF)	£8.95
HOMEMADE BEEF CHILLI (GF) Topped with Cheddar cheese & sour cream	£9.95
SMOKEY THREE BEAN & VEGETABLE CHILLI (V) (GF) With sour cream	£9.95

FRESHLY BAKED CIABATTA'S

Available 12-6PM Mon-Sat

Served with salad & a handful of rustic chips

SMOKED BACON, CORNISH BRIE & CHUTNEY	£9.95
CAJUN DUSTED CHICKEN BREAST With crisp lettuce & garlic mayo	£9.95
CORNISH RUMP STEAK Strips of rump steak, rocket & chilli jam	£9.95

SEE OUR DAILY SPECIALS MENU FOR FURTHER CHOICE

FRESH SANDWICHES

Available 12-6PM Mon-Sat

Served on white or granary bloomer with vegetable crisps & salad

HONEY ROASTED HAM & GRAIN MUSTARD MAYONNAISE	£7.95
WESTCOUNTRY CHEDDAR CHEESE & RED ONION MARMALADE (V)	£7.95
TUNA, SWEETCORN & MAYONNAISE	£7.95
CLASSIC B.L.T	£7.95
ROASTED BEEF WITH ROCKET & HORSERADISH	£7.95
DRESSED PRAWNS IN MARIE ROSE SAUCE	£8.95

SIDES

RUSTIC CHIPS Topped with Cheddar or blue cheese £4.50	£3.50
SWEET POTATO FRIES Topped with Cheddar or blue cheese £5.00	£4.00
FRESH SEASONAL VEGETABLES	£3.50
HALLOUMI FRIES With lime & harissa mayonnaise	£5.95
GARLIC CIABATTA Topped with cheese £3.50	£3.00
SIDE SALAD WITH COLESLAW	£3.50
BATTERED ONION RINGS	£3.50
BREAD, OLIVES, ROCKET & BALSAMIC OIL	£5.95
BATTERED CHICKEN CHUNKS With sweet chilli or BBQ sauce dip	£5.95

SUNDAY LUNCH

SERVED FROM 12PM

CHILDREN'S U16'S £7.45 | MEDIUM £10.45 | LARGE £12.45

Choice of two meats from the Westcountry, large selection of fresh vegetables with all the trimmings

Carvery served in our dining room, bar & garden

Traditional Sunday lunch served to your table in our restaurant & lounge

DESSERTS

CHOCOLATE FUDGE CAKE With Cornish clotted cream	£5.95
STRAWBERRY, PASSION FRUIT & CLOTTED CREAM MERINGUE STACK (GF)	£6.45
TRIO OF CORNISH SORBET (GF) Blood orange, elderflower & mango	£5.95
BELGIAN CHOCOLATE CHEESECAKE (GF) Cornish clotted cream, fresh strawberries & fruit coulis	£6.45
WARM APPLE & BLACKBERRY CRUMBLE (N)	£5.95
Served with custard	
STICKY TOFFEE PUDDING	£6.45
Warm butterscotch sauce & salted caramel ice cream	
CORNISH CHEESE BOARD	£8.45
Cornish Crumbly, Wild Garlic Yarg, Helford Blue & Trevarrian Brie, with biscuits, plum chutney & grapes	

ICES

CORNISH ICE CREAMS 2 SCOOPS £3.95 3 SCOOPS £4.95 Choice of strawberry, chocolate, vanilla or salted caramel	
BRITANNIA ICE CREAM SUNDAES	
CHOCOLATE BROWNIE	£6.95
VANILLA & MIXED FRUIT	£6.95
Topped with whipped cream & wafers	

AA 4* GUEST ROOMS

We have 7 individual, spacious & comfortable rooms starting from £65pn

FUNCTION SUITE & MARQUEE HIRE

Available to hire for all occasions. Please ask for further info

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STARTERS

TODAY'S HOMEMADE SOUP	£5.95
<i>Served with a warm roll & butter</i>	
WARM ORIENTAL DUCK SALAD (N)	£7.95
<i>With hoisin sauce & sticky cashews</i>	
PRAWN & AVOCADO COCKTAIL	£7.95
<i>With baby gem lettuce, croutons, Marie-Rose sauce & granary bread</i>	
BAKED CORNISH GOAT'S CHEESE, POACHED PEAR & WALNUT SALAD (V) (GF) (N)	£7.95
<i>With a balsamic glaze</i>	
HOMEMADE COD, SALMON, CORIANDER, CHILLI & LIME FISHCAKES	£7.45
<i>Served with harissa mayo</i>	
HOMEMADE CHICKEN LIVER PÂTÉ	£5.95
<i>With toast, plum chutney & dressed salad leaves</i>	

FROM OUR GRILL

*10oz GAMMON STEAK (GF)	£14.95
<i>Topped with fried free-range egg & pineapple</i>	
* NEW YORK CHICKEN (GF)	£14.95
<i>Breast of chicken topped with smoked bacon, BBQ sauce & melted Cheddar cheese</i>	
*10oz WESTCOUNTRY RUMP STEAK (GF)	£16.95
<i>Cooked your way</i>	
STEAK SAUCE OPTIONS	
<i>Garlic Butter £2.00 Port & Stilton Sauce £2.50 Peppercorn Sauce £2.50</i>	
<i>All the above served with rustic chips, tomato, peas & battered onion rings</i>	
<i>*Available as (GF) option without onion rings</i>	
KITTOW'S 6oz BEEF BURGER	£12.95
<i>Brioche bun, rustic chips, battered onion rings & salad</i>	
<i>Add cheddar cheese or bacon for £1.00 each</i>	

MAINS

HOMEMADE BEEF STEW	£11.95
<i>With herb dumplings & fresh ciabatta</i>	
COD, PRAWN, GORGONZOLA & WALNUT GNOCCHI (N)	£14.95
<i>In a spinach, basil & wild garlic pesto cream</i>	
CHEF'S CHICKEN TIKKA MASSALA (GF)	£13.95
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	
SMALL HOMEMADE BEEF LASAGNE	£9.95
<i>With salad & coleslaw</i>	
LARGE HOMEMADE BEEF LASAGNE	£13.95
<i>Served with rustic chips & garlic ciabatta</i>	
BEER BATTERED FILLET OF COD	£9.95/£13.95
<i>Rustic chips, mushy or garden peas & homemade tartare</i>	
HONEY ROASTED HAM (GF)	£9.95
<i>Two fried free-range eggs, rustic chips & peas</i>	
WHOLETAIL BREADED SCAMPI	£9.95/£13.95
<i>Rustic chips, peas & homemade tartare sauce</i>	
BUBBLE 'N SQUEAK (GF)	£9.95
<i>With smoked bacon, 2 free-range fried eggs & chilli ketchup</i>	

VEGETARIAN DISHES

GORGONZOLA & WALNUT GNOCCHI (V) (N)	£12.95
<i>Wild mushrooms, spinach, basil & wild garlic pesto cream with parmesan</i>	
THAI PENANG VEGAN CURRY (V) (VG) (GF)	£12.95
<i>With basmati rice, poppadum, lime pickle, mango chutney</i>	
SMOKEY BEAN & VEGETABLE CHILLI (V)	£12.45
<i>With basmati rice & sour cream</i>	

SALADS & SHARERS

WARM ORIENTAL DUCK SALAD (N)	£15.95
<i>Shredded duck with Hoisin sauce, sticky cashews, duck spring roll, coriander & lime arancini balls</i>	
GRILLED CAJUN SPICED SALMON SALAD (GF)	£14.95
<i>Cornish brie, parma ham, on a rocket, olive, marinated potato & sun blush tomato salad with garlic mayonnaise</i>	
BEEF CHILLI NACHOS (GF)	£12.95
<i>Sour cream, salsa, cheese & jalapenos to share</i>	
THREE BEAN VEGETABLE CHILLI NACHOS (V) (GF)	£12.95
<i>Sour cream, cheese, salsa & jalapenos to share</i>	

PLEASE ADVISE YOUR SERVER IF YOU HAVE ANY DIETARY OR INTOLERANCE REQUESTS
PLEASE NOTE WE REQUIRE A PRE-ORDER FOR ALL GROUPS OR PARTIES OVER 15 PERSONS

(V) SUITABLE FOR VEGETARIANS (VG) SUITABLE FOR VEGANS (GF) GLUTEN FREE (N) DISH CONTAINS NUTS OR TRACES OF NUTS
All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones.
All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

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