

The Britannia Inn

Freehouse and Waves Restaurant

THE BRITANNIA INN, RESTAURANT & ROOMS,
TREGREHAN, PAR, CORNWALL, PL24 2SL

01726 812889 | www.britanniainn.com | info@britanniainn.com



STARTERS

WARM ORIENTAL DUCK SALAD [Ⓝ] <i>With hoisin sauce & sticky cashews</i>	£9
PRAWN COCKTAIL [🌿] <i>Prawns in lime & black pepper mayonnaise served on baby gem lettuce with granary bread</i>	£9.5
CLASSIC CAESAR SALAD <i>Herb croutons, Caesar dressing, parmesan</i>	£8
HOMEMADE SOUP OF THE DAY [🌿] <i>With fresh crusty bread & butter</i>	£6.5
MOZZARELLA STICKS [🌿] <i>With Harissa mayonnaise</i>	£8
QUINOA SALAD [🌿] <i>Chickpeas, sunflower seeds, coriander, cucumber, pak choi, peppers sun blushed tomatoes, heritage beetroot</i>	£8.5
COD & SMOKED HADDOCK ARANCINI <i>Saffron aioli, parmesan crisp and pea shoots</i>	£8.5

SALADS & SHARERS

CAJUN CHICKEN CAESAR SALAD <i>Chicken, pancetta, herb croutons, Caesar dressing & parmesan</i>	£18
BAKED CAMEMBERT IN A BOX SHARER <i>Honey & thyme baked Camembert, served with garlic ciabatta, battered onion rings, cheese straws, chutney, smoked ham, rocket salad & grapes</i>	£19
LOADED FRIES TO SHARE [🌿] <i>Beef chilli, Cheddar cheese, jalapeños, fresh chillies, coriander, spring onion, crispy bacon topped with Greek yoghurt guacamole & cheese sauce</i>	£15
VEGAN QUINOA & FALAFEL SALAD [🌿] <i>Chickpea & pak choi salad, finished with onion, peppers, sun blush tomatoes, coriander, sunflower seeds, cucumber, heritage beetroot fresh herbs & salad dressing</i>	£16.5

SUNDAY LUNCH

Served from 12pm to 3pm every Sunday.
Choice of two meats served with seasonal vegetables, cauliflower cheese, gravy & all the trimmings.
Please ask your server for today's choice of meats

CHILDRENS & SMALL APPETITE SUNDAY ROAST	£11*
VEGETARIAN SUNDAY ROAST	£11/£16*
SUNDAY ROAST	£16*

*£1 supplement for roast lamb

[🌿] VEGETARIAN [🌿] VEGAN [🌿] VEGAN OPTION AVAILABLE
[🌿] GLUTEN FREE [🌿] GLUTEN FREE OPTION AVAILABLE
[Ⓝ] CONTAINS NUTS OR TRACES OF NUTS

CLASSIC MAINS

10oz RUMP STEAK [🌿] <i>Cooked to your liking, served with rustic chips, tomato, peas, battered onion rings & portobello mushroom</i>	25
STEAK SAUCE OPTIONS	
Peppercorn Sauce [🌿]	3
Mango & Stilton Glaze [🌿]	3.5
Garlic Butter [🌿]	2.5
HOMEMADE BEEF LASAGNE	
<i>Served with salad & coleslaw</i>	£14
<i>Served as above with rustic chips & garlic bread</i>	£17.5
BEER BATTERED FILLET OF COD [🌿]	Sml £13 / Lrg £17.5
<i>Served with rustic chips & mushy or garden peas</i>	
WHOLETAIL BREADED SCAMPI	Sml £13 / Lrg £17.5
<i>Served with rustic chips & mushy or garden peas</i>	
10oz GAMMON STEAK [🌿]	£18.50
<i>Topped with fried egg & pineapple. Served with rustic chips, tomato, peas & battered onion rings</i>	
KITTOWS 6oz BEEF BURGER	£16
<i>Brioche bun, rustic chips, battered onion rings & salad Add cheddar cheese or bacon for £1 each</i>	
CREOLE STYLE SEAFOOD JAMBALAYA	£20
<i>With spicy chorizo, prawns, cod & red mullet served with garlic bread</i>	
CHEFS BUBBLE & SQUEAK [🌿]	£15
<i>With smoked bacon & 2 free-range eggs</i>	
CAJUN CHICKEN BURGER	£18
<i>Garlic mayonnaise, jalapeños, fresh coriander, lettuce & red onion. Served in a brioche bun with rustic chips & battered onion rings.</i>	
HEF'S CHICKEN TIKKA MASALA [🌿]	£19
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	

SIDES & NIBBLES

RUSTIC CHIPS [🌿]	4.75
<i>Topped with Cheddar cheese</i>	6
<i>or blue cheese</i>	6.5
CAJUN CHIPS	5
<i>Topped with Cheddar cheese</i>	6.25
<i>or blue cheese</i>	6.75
MOZZARELLA STICKS [🌿]	8
<i>With Harissa mayonnaise</i>	
GARLIC CIABATTA	4.5
<i>Topped with Cheddar cheese</i>	5
BREAD, OLIVES, ROCKET & BALSAMIC OIL [🌿]	8
HOUSE SALAD WITH COLESLAW [🌿]	6
BATTERED ONION RINGS [🌿]	4.5
BATTERED CHICKEN CHUNKS	8
<i>With garlic mayonnaise & BBQ sauce dip</i>	

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.



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VEGETARIAN & VEGAN

- GRILLED HALLOUMI, PORTOBELLO MUSHROOM & ROASTED RED PEPPER**   £18
Served in a brioche bun with rocket, harissa mayonnaise, battered onion rings & rustic fries
- VEGAN MEATBALLS**   £18
With penne pasta, olives & crunchy asparagus tips in a rich tomato & fresh herb sauce. Topped with parmesan & served with warm ciabatta
- VEGETABLE & CHICKPEA MADRAS CURRY**   £17
Basmati rice, poppadum, lime pickle & mango chutney

JACKET POTATOES

- Served with salad garnish*
- TUNA & MAYONNAISE**  £13.5
- DRESSED PRAWN**  £14.5
With black pepper & lime mayonnaise
- BEEF CHILLI**  £15
Beef chilli, Cheddar cheese, jalapeños, fresh chillies, coriander, spring onion, crispy bacon topped with Greek yoghurt Guacamole & cheese sauce
- CAJUN CHICKEN** £15
With Greek yogurt guacamole & fresh coriander
- CHEDDAR CHEESE**   £12.5
With red onion marmalade

SANDWICHES

- (Not available after 5pm)*
Served on white or granary bread with a handful of rustic chips
- CLASSIC B.L.T** £11
Bacon, lettuce, tomato & mayonnaise
- TUNA & MAYONNAISE** £9.5
Baby gem lettuce & cucumber
- CHEDDAR CHEESE**  £9
With Red onion marmalade
- DRESSED PRAWNS** £11
In a lime & black pepper mayonnaise
- RUMP STEAK OPEN CIABATTA** £16
Peppered steak & mushrooms on a toasted ciabatta, pepper sauce, battered onion rings & rocket

AA 4* GUEST ROOMS

We offer Bed & Breakfast & have 8 individual, spacious & comfortable guest rooms



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 VEGETARIAN  VEGAN  VEGAN OPTION AVAILABLE

 GLUTEN FREE  GLUTEN FREE OPTION AVAILABLE

 CONTAINS NUTS OR TRACES OF NUTS

Please advise your server if you have any dietary or intolerance requests. Please note although we offer gluten free options we are not a gluten free establishment, we cannot ensure that cross contamination will not occur. We may require a pre-order for all groups or parties over 15 persons.

CHILDREN'S MENU

MAINS

- CHICKEN NUGGETS & CHIPS** £7
With peas or beans
- PENNE PASTA** £7
Simply served in a tomato sauce topped with cheese & garlic bread
- KITTOWS 4OZ BEEF BURGER** £7
In a bun with chips & peas or beans
- VEGAN SAUSAGE & CHIPS**  £7
With peas or beans
- PORK SAUSAGE & CHIPS** £7
With peas or beans
- BATTERED COD BITES**  £7
With chips & peas or beans

DESSERTS

- 2 SCOOP ICE CREAM WITH WAFER**  £5
Strawberry, chocolate, vanilla or mint choc chip
- 2 SCOOP VEGAN ICE CREAM**   £6
Chocolate or vanilla
- CHOCOLATE BROWNIE SUNDAE**  £6
Chocolate ice cream, whipped cream, chocolate sauce & marshmallows
- STRAWBERRY SUNDAE**  £6
Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars
- KIDS ETON MESS** £5.5
Strawberry jelly, peach slices, crushed meringue, topped with whipped cream & strawberry sauce

DESSERTS

- WARM CHOCOLATE FUDGE CAKE**  £7.5
With Cornish clotted cream
- INDIVIDUAL LEMON & RASPBERRY MERINGUE PIE** £8
Finished with raspberry sorbet
- HOMEMADE STICKY TOFFEE PUDDING**  £8.5
Served with butterscotch sauce & vanilla ice cream
- WARM APRICOT & FRANGIPANE TART** £8
With Clotted cream, fresh apricots & honey syrup
- SALTED CARAMEL CHEESECAKE** £8
Fudge pieces, caramel sauce & Cornish clotted cream
- CORNISH CHEESEBOARD**   £11
Selection of Westcountry cheeses, biscuits, onion chutney & grapes

ICES

- ICE CREAM**  2 Scoops £5 3 Scoops £6
Strawberry, chocolate, vanilla or mint choc chip with wafer
- VEGAN ICE CREAM**   2 Scoops £6 3 Scoops £7
Caramel, chocolate or vanilla
- CHOCOLATE BROWNIE SUNDAE** £8.5
Served with whipped cream & wafer
- PEACH MELBA SUNDAE**  £8.5
Finished with toasted almonds, whipped cream & wafer