

The Britannia

Freehouse and Waves Restaurant

THE BRITANNIA INN, RESTAURANT & ROOMS,
TREGREHAN, PAR, CORNWALL, PL24 2SL  
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SUNDAY MENU

STARTERS

PRAWN COCKTAIL 🌿	£9.5
<i>Shredded lettuce, Marie Rose sauce, granary bread & butter</i>	
WARM ORIENTAL DUCK SALAD (N)	£9.5
<i>With hoisin sauce & sticky cashews</i>	
CHILLI CHEESE BITES	£8.5
<i>With coriander & harissa mayonnaise</i>	
CHEF'S HOMEMADE SOUP 🌿	£7.5
<i>With warm bread roll & butter</i>	
CLASSIC CAESAR SALAD 🌿 (N)	£9
<i>With herb croutons, gem lettuce, cherry tomatoes, caesar dressing & parmesan shavings</i>	

VEGETARIAN & VEGAN

VEGETABLE & CHICKPEA MADRAS CURRY (V)	£19
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	
MOROCCAN COUS COUS & WARM FALAFEL SALAD (N) (V)	£19
<i>With roasted red pepper, chickpea, spring onion, sun blushed tomatoes, almonds & raisins with pomegranate, fresh herbs & spices</i>	

SUNDAY LUNCH

*Served from 12pm to 3pm every Sunday
(subject to availability when dining outside)
All are served with fresh seasonal vegetables,
cauliflower cheese & roasted potatoes*

MUSHROOM, SPINACH & TRUFFLE OIL SUET PUDDING (V)	£17
<i>Served with a vegetable jus</i>	
ROAST TOPSIDE OF BEEF 🌿	£13/£17
<i>Served with Yorkshire pudding & gravy</i>	
VEGETARIAN NUT ROAST FINISHED WITH CRANBERRIES & APRICOT 🌿 (N) 🌿	£13/£17
<i>Served with a vegetable jus</i>	
TENDER ROASTED LEG OF LAMB	£14/£18
<i>Served with rich gravy</i>	
ROASTED CROWN OF TURKEY 🌿	£13/£17
<i>With sausage wrapped in bacon, sage & onion stuffing & gravy</i>	

MAINS

HOMEMADE BEEF LASAGNE	£15
<i>Salad & coleslaw</i>	
<i>Served as above with rustic chips & garlic bread</i>	£18.5
WHOLETAIL BREADED SCAMPI	£18
<i>Rustic chips & mushy or garden peas</i>	
10OZ GAMMON STEAK 🌿	£19.5
<i>Topped with fried egg & pineapple, served with rustic chips, tomato, peas & battered onion rings</i>	
KITTOWS 6OZ BEEF BURGER	£17
<i>Brioche bun, rustic chips, battered onion rings & salad</i>	
<i>Add Cheddar cheese or smoked bacon for £1.50 each</i>	
CAJUN CHICKEN BURGER	£20
<i>Garlic mayonnaise, jalapenos, fresh coriander, lettuce & red onion in a brioche bun with rustic chips & battered onion rings</i>	

JACKET POTATOES

<i>Served with salad garnish</i>	
DRESSED PRAWNS (N)	£17
<i>With Marie Rose sauce</i>	
CAJUN CHICKEN (N)	£17
<i>Garlic mayonnaise & coriander</i>	
CHEDDAR CHEESE 🌿 (N)	£14
<i>Caramelised onion marmalade</i>	
BEEF CHILLI 🌿	£16
<i>Beef chilli, Cheddar cheese, jalapenos, coriander & spring onion</i>	
TUNA & MAYONNAISE (N)	£16

SALADS & SHARERS

CAJUN CHICKEN CAESAR SALAD	£20
<i>Cajun chicken, pancetta, herb croutons, cherry tomatoes, Caesar dressing & parmesan shavings</i>	
LOADED FRIES TO SHARE (N)	£18
<i>Beef chilli, Cheddar cheese, jalapenos, coriander, spring onion, topped with sour cream, guacamole & cheese sauce</i>	
MOROCCAN COUS COUS & WARM FALAFEL SALAD (N) (V)	£19
<i>With roasted red pepper, chickpea, spring onion, sun blushed tomatoes, almonds & raisins with pomegranate, fresh herbs & spices</i>	

🌿 VEGETARIAN (V) VEGAN (N) VEGAN OPTION AVAILABLE
 (N) GLUTEN FREE 🌿 GLUTEN FREE OPTION AVAILABLE
 (N) CONTAINS NUTS OR TRACES OF NUTS

LUNCHTIME SANDWICHES & LIGHT BITES

Served 12pm until 5pm

Granary or white bread sandwiches served with a handful of rustic chips

CLASSIC BLT	£12
<i>Bacon, lettuce, tomato & mayonnaise</i>	
TUNA & MAYONNAISE	£11
CHEDDAR CHEESE 🌿	£11
<i>With caramelised onion chutney</i>	
DRESSED PRAWNS	£14
<i>In a Marie Rose sauce</i>	
CHEF'S HOMEMADE FISHCAKES	£15
<i>Served with salad garnish, coleslaw & handful of rustic chips</i>	

SIDES & NIBBLES

RUSTIC CHIPS	£5
<i>Topped with Cheddar cheese or blue cheese</i>	
CAJUN CHIPS	£5.5
<i>Topped with Cheddar cheese or blue cheese</i>	
CHILLI CHEESE BITES	£8.5
<i>With coriander and harissa mayonnaise</i>	
GARLIC CIABATTA	£5
<i>Topped with Cheddar cheese</i>	
BREAD, OLIVES, ROCKET & BALSAMIC OIL	£8.5
HOUSE SALAD WITH CREAMY COLESLAW	£6.5
BATTERED ONION RINGS	£5
BATTERED CHICKEN CHUNKS	£8.5
<i>With garlic mayonnaise & BBQ sauce dip</i>	

DESSERTS

WARM CHOCOLATE BROWNIE 🍷	£8.5
<i>Served with chocolate sauce & clotted cream</i>	
WARM CHERRY BAKEWELL 🍷	£8.5
<i>Served with cherry syrup & clotted cream</i>	
HOMEMADE STICKY TOFFEE PUDDING 🍷	£9
<i>Served with butterscotch sauce & vanilla ice cream</i>	
INDIVIDUAL BANOFFEE PAVLOVA	£9
<i>Covered in crème Chantilly; banana, Biscoff crumb & toffee sauce</i>	
STRAWBERRY & WHITE CHOCOLATE CHEESECAKE	£8.5
<i>Finished with Cornish clotted cream</i>	
CORNISH CHEESEBOARD TO SHARE 🍷	£14
<i>Selection of Westcountry cheeses, biscuits, onion chutney & grapes</i>	

Please advise your server if you have any dietary or intolerance requests. Please note although we offer gluten free options we are not a gluten free establishment, we cannot ensure that cross contamination will not occur. We may require a pre-order for all groups or parties over 15 persons.

ICES

TRIO OF STRAWBERRY, CHOCOLATE, VANILLA, OR SALTED CARAMEL ICE CREAM 🍷	£8
TRIO OF CARAMEL OR VANILLA VEGAN ICE CREAM 🍷 🌿	£9
CHOCOLATE BROWNIE SUNDAE 🍷	£9.5
<i>Vanilla & chocolate ice cream, chocolate brownie, whipped cream, chocolate sauce & wafer curl</i>	
ETON MESS SUNDAE 🍷	£9.5
<i>Vanilla & strawberry ice cream finished with mixed berries, whipped cream, raspberry sauce, meringue & wafer curl</i>	

CHILDREN'S MENU

CHILDREN'S MAINS

CHEDDAR CHEESE WHITE BREAD SANDWICH 🌿	£5.5
<i>With side of cucumber & hummus</i>	
BATTERED COD GOUJONS & CHIPS 🍷	£7.5
<i>With peas or beans</i>	
CHICKEN NUGGETS & CHIPS	£7.5
<i>With peas or beans</i>	
PENNE PASTA 🌿	£7.5
<i>Simply served in a tomato sauce topped with cheese & served with garlic bread</i>	
KITTOWS 4OZ BEEF BURGER	£7.5
<i>In a bun with chips, peas or beans</i>	
VEGAN SAUSAGE & CHIPS 🌿	£7.5
<i>With peas or beans</i>	
PORK SAUSAGE & CHIPS	£7.5
<i>With peas or beans</i>	

CHILDREN'S DESSERTS

2 SCOOPS OF ICE CREAM	£5
<i>With wafer curl Strawberry, chocolate, vanilla or salted caramel</i>	
2 SCOOPS OF VEGAN ICE CREAM 🍷 🌿	£6
<i>Caramel or vanilla</i>	
CHOCOLATE BROWNIE SUNDAE 🍷	£6.5
<i>Chocolate ice cream, whipped cream, chocolate sauce & marshmallows</i>	
STRAWBERRY SUNDAE 🍷	£6.5
<i>Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars</i>	
STRAWBERRY JELLY & VANILLA ICE CREAM 🍷	£5

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

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