

The Britannia

Freehouse and Waves Restaurant

THE BRITANNIA INN, RESTAURANT & ROOMS,
TREGREHAN, PAR, CORNWALL, PL24 2SL

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STARTERS

PRAWN COCKTAIL 🌿	£9.5
<i>Shredded lettuce, Marie Rose sauce, granary bread & butter</i>	
WARM ORIENTAL DUCK SALAD (N)	£9.5
<i>With hoisin sauce & sticky cashews</i>	
CHILLI CHEESE BITES	£8.5
<i>With coriander & harissa mayonnaise</i>	
CHEF'S HOMEMADE SOUP 🌿	£7.5
<i>With warm bread roll & butter</i>	
CLASSIC CAESAR SALAD 🌿 (V)	£9
<i>With herb croutons, gem lettuce, cherry tomatoes, Caesar dressing & parmesan shavings</i>	
FIG, PARMA HAM & GOATS CHEESE SALAD (N)	£9.5
<i>With pecan nuts, honey & rocket</i>	
CRUMBED SALT & PEPPER WHITEBAIT	£8.5
<i>With crispy seaweed & saffron mayonnaise</i>	

VEGETARIAN & VEGAN

VEGETABLE & CHICKPEA MADRAS CURRY (V) (N)	£19
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	
HALLOUMI, PORTOBELLO MUSHROOM & ROASTED RED PEPPER BURGER 🌿 🌿	£19.5
<i>Served in a brioche bun with garlic mayo & rocket with rustic fries & onion rings</i>	
PLANT BASED "CHICKEN" PASTA (V)	£18.5
<i>Plant based chicken style strips with spinach in a tomato & fresh herb sauce on a bed of penne pasta topped with parmesan & served with warm ciabatta</i>	
MOROCCAN COUS COUS & WARM FALAFEL SALAD (V) (N)	£19
<i>With roasted red pepper, chickpea, spring onion, sun blushed tomatoes, almonds & raisins with pomegranate, fresh herbs & spices</i>	

JACKET POTATOES

Served with salad garnish

DRESSED PRAWNS (V)	£17
<i>With Marie Rose sauce</i>	
CAJUN CHICKEN (V)	£17
<i>Garlic mayonnaise & coriander</i>	
CHEDDAR CHEESE 🌿 (V)	£14
<i>Caramelised onion chutney</i>	
BEEF CHILLI 🌿	£16
<i>Beef chilli, Cheddar cheese, jalapenos, coriander & spring onion</i>	
TUNA & MAYONNAISE (V)	£16

HOMEMADE 12" PIZZAS

Freshly made pizzas to order, served on a 12" base with Cheddar & mozzarella cheese

HOISIN DUCK	£19
<i>Shredded duck in hoisin sauce, spring onion, leeks, cucumber, coriander & bacon crumb</i>	
BBQ CHICKEN	£17.5
<i>Sliced chicken breast in BBQ sauce, smoked bacon, red onion, peppers, coriander & ranch dressing</i>	

MAINS

100Z RUMP STEAK 🌿	£27.5
<i>Cooked to your liking, served with rustic chips, tomato, peas, battered onion rings & portobello mushroom</i>	
STEAK SAUCE OPTIONS	
PEPPERCORN SAUCE (V)	£3
MANGO & STILTON GLAZE (V)	£4
GARLIC BUTTER (V)	£2.5
HOMEMADE BEEF LASAGNE	£15
<i>Salad & coleslaw</i>	
<i>Served as above with rustic chips & garlic bread</i>	
BEER BATTERED FILLET OF COD 🌿	£18.5
<i>Rustic chips & mushy or garden peas</i>	
WHOLETAIL BREADED SCAMPI	£18
<i>Rustic chips & mushy or garden peas</i>	
100Z GAMMON STEAK 🌿	£19.5
<i>Topped with fried egg & pineapple, served with rustic chips, tomato, peas & battered onion rings</i>	
CHEF'S HOMEMADE QUICHE LORRAINE	£18
<i>Served with salad, coleslaw & warm buttered new potatoes</i>	
KITTOWS 6OZ BEEF BURGER	£17
<i>Brioche bun, rustic chips, battered onion rings & salad</i>	
<i>Add Cheddar cheese or smoked bacon for £1.50 each</i>	
CAJUN CHICKEN BURGER	£20
<i>Garlic mayonnaise, jalapenos, fresh coriander, lettuce & red onion in a brioche bun with rustic chips & battered onion rings</i>	
CREOLE STYLE SEAFOOD JAMBALAYA	£23
<i>With spicy chorizo, prawns, cod & red mullet served with garlic bread</i>	
CHEF'S HOMEMADE CHICKEN CURRY (V)	£20
<i>**Medium spice**</i>	
<i>Basmati rice, poppadum, lime pickle & mango chutney</i>	

SIDES & NIBBLES

RUSTIC CHIPS	£5
<i>Topped with Cheddar cheese</i>	
<i>or blue cheese</i>	
CAJUN CHIPS	£5.5
<i>Topped with Cheddar cheese</i>	
<i>or blue cheese</i>	
CHILLI CHEESE BITES	£8.5
<i>With coriander and harissa mayonnaise</i>	
GARLIC CIABATTA	£5
<i>Topped with Cheddar cheese</i>	
BREAD, OLIVES, ROCKET & BALSAMIC OIL	£8.5
HOUSE SALAD WITH CREAMY COLESLAW	£6.5
BATTERED ONION RINGS	£5
BATTERED CHICKEN CHUNKS	£8.5
<i>With garlic mayonnaise & BBQ sauce dip</i>	

🌿 VEGETARIAN (V) VEGAN (V) VEGAN OPTION AVAILABLE
 (V) GLUTEN FREE 🌿 GLUTEN FREE OPTION AVAILABLE
 (N) CONTAINS NUTS OR TRACES OF NUTS

LUNCHTIME SANDWICHES & LIGHT BITES

Served 12pm until 5pm

Granary or white bread sandwiches served with a handful of rustic chips

CLASSIC BLT £12
Bacon, lettuce, tomato & mayonnaise

TUNA & MAYONNAISE £11

CHEDDAR CHEESE £11
With caramelised onion chutney

DRESSED PRAWNS £14
In a Marie Rose sauce

RUMP STEAK OPEN CIABATTA £18
Strips of rump steak & portobello mushroom in a sweet chilli sauce on toasted ciabatta, battered onion rings & rocket

BEER BATTERED FILLET OF COD £15
With rustic chips & mushy or garden peas

CHEF'S HOMEMADE FISHCAKES £15
Served with salad garnish, coleslaw & handful of rustic chips

CHEFS BUBBLE & SQUEAK £15
Topped with smoked bacon & free-range fried egg

SALADS & SHARERS

CAJUN CHICKEN CAESAR SALAD £20
Cajun chicken, pancetta, herb croutons, cherry tomatoes, Caesar dressing & parmesan shavings

LOADED FRIES TO SHARE £18
Beef chilli, Cheddar cheese, jalapenos, coriander, spring onion topped with sour cream, guacamole & cheese sauce

BAKED CAMEMBERT IN A BOX £21
With battered onion rings, chorizo bites, garlic ciabatta, red onion chutney, cheese straws, celery & fig

MOROCCAN COUS COUS & WARM FALAFEL SALAD £19
With roasted red pepper, chickpea, spring onion, sun blushed tomatoes, almonds & raisins with pomegranate, fresh herbs & spices

SALMON SALAD £22
Lightly spiced salmon medallions on a bed of marinated olives & potato, rocket, sunblush tomato, parma ham & brie with garlic mayonnaise

DESSERTS

WARM CHOCOLATE BROWNIE £8.5
Served with chocolate sauce & clotted cream

WARM CHERRY BAKEWELL £8.5
Served with cherry syrup & clotted cream

HOMEMADE STICKY TOFFEE PUDDING £9
Served with butterscotch sauce & vanilla ice cream

INDIVIDUAL BANOFFEE PAVLOVA £9
Covered in crème Chantilly, banana, Biscoff crumb & toffee sauce

STRAWBERRY & WHITE CHOCOLATE CHEESECAKE £8.5
Finished with Cornish clotted cream

CORNISH CHEESEBOARD TO SHARE £14
Selection of Westcountry cheeses, biscuits, onion chutney & grapes

SELECTION OF ICES

TRIO OF STRAWBERRY, CHOCOLATE, VANILLA, OR SALTED CARAMEL ICE CREAM £8
Served with a wafer curl

TRIO OF CARAMEL OR VANILLA VEGAN ICE CREAM £9

CHOCOLATE BROWNIE SUNDAE £9.5
Vanilla & chocolate ice cream, chocolate brownie, whipped cream, chocolate sauce & wafer curl

ETON MESS SUNDAE £9.5
Vanilla & strawberry ice cream finished with mixed berries, whipped cream, raspberry sauce, meringue & wafer curl

CHILDREN'S MENU

CHILDREN'S MAINS

CHEDDAR CHEESE WHITE BREAD SANDWICH £5.5
With side of cucumber & hummus

BATTERED COD GOUJONS & CHIPS £7.5
With peas or beans

CHICKEN NUGGETS & CHIPS £7.5
With peas or beans

PENNE PASTA £7.5
Simply served in a tomato sauce topped with cheese & served with garlic bread

KITTOWS 4OZ BEEF BURGER £7.5
In a bun with chips, peas or beans

VEGAN SAUSAGE & CHIPS £7.5
With peas or beans

PORK SAUSAGE & CHIPS £7.5
With peas or beans

CHILDREN'S DESSERTS

TWO SCOOP ICE CREAM WITH WAFER CURL £5
Strawberry, chocolate, vanilla or salted caramel

TWO SCOOP VEGAN ICE CREAM £6
Caramel or vanilla

CHOCOLATE BROWNIE SUNDAE £6.5
Chocolate ice cream, chocolate brownie, whipped cream, chocolate sauce & marshmallows

STRAWBERRY SUNDAE £6.5
Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars

STRAWBERRY JELLY & VANILLA ICE CREAM £5

🌿 VEGETARIAN ♡ VEGAN 🍷 VEGAN OPTION AVAILABLE

🍷 GLUTEN FREE 🌿 GLUTEN FREE OPTION AVAILABLE

🍷 CONTAINS NUTS OR TRACES OF NUTS

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

Please advise your server if you have any dietary or intolerance requests. Please note although we offer gluten free options we are not a gluten free establishment, we cannot ensure that cross contamination will not occur. We may require a pre-order for all groups or parties over 15 persons.

AA 4* GUEST ROOMS

We offer Bed & Breakfast & have 8 individual, spacious & comfortable guest rooms