

THE BRITANNIA INN

RESTAURANT & ROOMS

TREGREHAN, PAR

CORNWALL, PL24 2SL

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STARTERS

WARM ORIENTAL DUCK SALAD (N) With hoisin sauce and sticky cashews	£8
HOMEMADE COD, SALMON, CORIANDER CHILLI & LIME FISHCAKES Served with harissa mayonnaise	£8
MELON, PINEAPPLE & STRAWBERRY FRUIT PLATE (VG) With Malibu syrup	£7.50
CAPRESE SALAD With herb croutons, prosciutto ham, balsamic, olive oil and basil	£7
PRAWN & ASPARAGUS COCKTAIL (GFO) Spring onion, lime & black pepper mayonnaise & bruschetta	£8
HALLOUMI FRIES (V) With harissa mayonnaise	£8

FROM OUR GRILL

Served with rustic chips, tomato, peas & battered onion rings

10oz GAMMON STEAK* (GFO) Topped with fried free-range egg, pineapple	£16.50
10oz RUMP STEAK* (GFO) Cooked to your liking, served with portobello mushrooms	£20
STEAK SAUCE OPTIONS (GF) Peppercorn sauce £2.50 Port & stilton sauce £2.50 Garlic butter £1.50	
NEW YORK CHICKEN* (GFO) Breast of chicken topped with smoked bacon, BBQ sauce & melted cheddar cheese	£16.50
KITTOWS 6oz BEEF BURGER Brioche bun, rustic chips, battered onion rings & salad Add cheddar cheese or bacon for £1.00 each	£14

*Available as (GFO) option without onion rings

(PLEASE ADVISE YOUR SERVER IF YOU HAVE ANY DIETARY OR INTOLERANCE REQUESTS PLEASE NOTE WE REQUIRE A PRE-ORDER FOR ALL GROUPS OR PARTIES OVER 10 PERSONS)
(V) SUITABLE FOR VEGETARIANS | (VG) SUITABLE FOR VEGANS | (GF) GLUTEN FREE | (N) DISH CONTAINS NUTS OR TRACES OF NUTS | (GFO) GLUTEN FREE OPTION AVAILABLE
PLEASE NOTE ALTHOUGH WE OFFER GLUTEN FREE OPTIONS WE ARE NOT A GLUTEN FREE ESTABLISHMENT, WE CANNOT ENSURE THAT CROSS CONTAMINATION WILL NOT OCCUR.

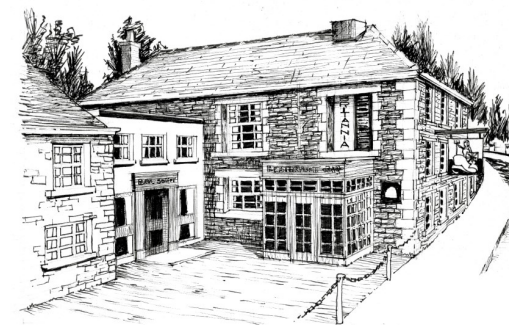
All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

CLASSIC MAINS

CHEF'S CHICKEN TIKKA MASALA Basmati rice, poppadum, lime pickle & mango chutney	£15
HOMEMADE BEEF LASAGNE Served with salad & coleslaw Served as above with rustic chips & garlic bread	£12.50 £15
BEER BATTERED FILLET OF COD (GFO) Served with rustic chips, mushy or garden peas and tartar sauce Small size cod served with above £12.50 Large size cod served with above £15	
WHOLETAIL BREADED SCAMPI Served with rustic chips, mushy or garden peas and tartar sauce Small size scampi served with above £12.50 Large size scampi served with above £15	
CHEFS BUBBLE & SQUEAK (GF) With smoked bacon, 2 free-range fried eggs & chilli ketchup	£13

SIDES

RUSTIC CHIPS (V) Topped with cheddar or blue cheese	£4 £5
SWEET POTATO FRIES (V) Topped with cheddar or blue cheese	£4.50 £5.50
HALLOUMI FRIES (V) With harissa mayonnaise	£8
GARLIC CIABATTA Topped with cheddar cheese	£4 £5
BREAD, OLIVES, ROCKET & BALSAMIC OIL (V)	£7
SIDE SALAD WITH COLESLAW (V)	£4
BATTERED ONION RINGS (V)	£4
BATTERED CHICKEN CHUNKS With garlic mayonnaise & BBQ sauce dip	£8



FRESH HOMEMADE PIZZA'S

Not available Sundays 12pm-4pm

All our Pizza's are prepared fresh & served on a 12" base with cheddar & mozzarella cheese.

GARLIC & HERB (V) (GFO) Topped with cheese	£8 £9
MARGHERITA (V) (GFO) Tomato & fresh herb sauce, cherry tomatoes, buffalo mozzarella & fresh basil	£12.50
HOISIN DUCK Shredded duck in hoisin, spring onion, coriander, cucumber, leek and bacon crumb	£15
GOATS CHEESE (V) (GFO) Caramelised red onion, goats cheese, spinach, sunblushed tomato & pesto	£14.50
HAWAIIAN (GFO) Tomato & fresh herb sauce, hogs pudding, pulled ham, roasted pineapple & bacon crumb	£14
BBQ CHICKEN (GFO) Pulled chicken in a BBQ sauce, smoked bacon, red onion, pepper, coriander & ranch dressing	£14.50
PEPPERONI (GFO) Tomato & fresh herb sauce, pepperoni	£13

BAKED JACKET POTATOES

Freshly baked and served with salad

DRESSED PRAWNS (GF) With spring onion, lime & black pepper mayonnaise	£12.50
WESTCOUNTRY CHEDDAR CHEESE (V)(GF) With red onion marmalade on the side	£11
HOMEMADE BEEF CHILLI (GF) Topped with cheese & sour cream	£11



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The **Britannia** Inn
and Waves Restaurant

SALADS & SHARERS

GRILLED CAJUN SALMON SALAD (GF)	£17.50
Cornish brie, Parma ham on a rocket, olive, sunblush tomato & potato salad with garlic mayonnaise	
BAKED CAMEMBERT IN A BOX	£17.50
Battered onion rings, garlic ciabatta, guindilla peppers, red onion chutney, sweet potato fries and breadsticks wrapped in Parma ham	
BRITANNIA PLOUGHMANS	£14
Davidstow 12 month mature cheddar, pork pie, crusty bread, salad, boiled egg & pickles	
BEEF CHILLI NACHOS TO SHARE (GF)	£13.50
Sour cream, salsa, cheddar cheese & jalapenos	

VEGETARIAN & VEGAN

VEGETABLE & CHICKPEA MADRAS (VG)(GF)	£14.50
With basmati rice, poppadum, lime pickle & mango chutney	
HALLOUMI, PORTOBELLO MUSHROOM & ROASTED RED PEPPER (V)(GFO)	£14.50
Served in a brioche bun with Greek yoghurt guacamole & rocket with sweet potato fries & onion rings	
MUSHROOM, SPINACH & SUNBLUSHED TOMATO LINGUINI (VG)	£15
With pesto & vegan style parmesan	
VEGETABLE CHILLI NACHO'S TO SHARE (GF)(V)	£14
Served with sour cream, salsa, cheese & jalapenos	

ITALIAN STYLE FLATBREADS

Not available Sunday 12pm-4pm
Served with salad & handful of rustic chips

SMOKED BACON, CORNISH BRIE	£12.50
With red onion marmalade	
CAJUN DUSTED CHICKEN BREAST	£12.50
With crisp lettuce & garlic mayo	
RUMP STEAK	£14
Strips of rump steak, rocket & sweet chilli sauce	

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CHILDRENS MENU

MAINS

CHICKEN NUGGETS & CHIPS	£6
With peas or beans	
MAC' n CHEESE (V)	£6
With garlic ciabatta	
KITTOWS 4OZ BEEF BURGER	£6
In a bun with chips & peas or beans	
PORK SAUSAGE & CHIPS	£6
With peas or beans	
PASTA BOLOGNESE	£6
With cheddar cheese	
BATTERED COD BITES (GFO)	£6
With chips & peas or beans	
7" MARGHERITA (V)	£8.50
Tomato & fresh herb sauce, buffalo mozzarella & fresh basil	
7" HAWAIIAN	£8.50
Tomato & fresh herb sauce, pulled ham, roasted pineapple & bacon crumb	
DESSERTS	
2 SCOOP ICE CREAM WITH WAFER (GFO)	£4
Strawberry, chocolate, vanilla or salted caramel	
2 SCOOP VEGAN ICECREAM (VG) (GFO)	£4.50
Chocolate or vanilla	
CHOCOLATE BROWNIE SUNDAE (GFO)	£4.50
Chocolate ice cream, whipped cream, chocolate sauce & marshmallows	
STRAWBERRY SUNDAE (GFO)	£4.50
Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars	

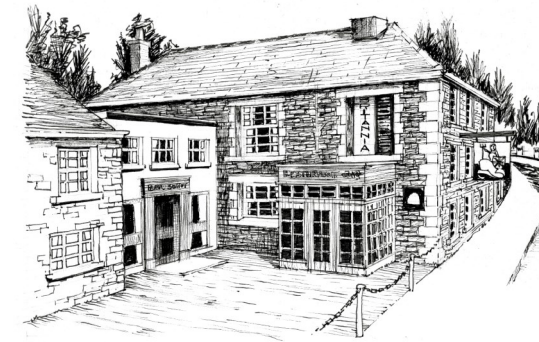
SUNDAY LUNCH

Served from 12pm every Sunday

Choice of two meats and a large selection of fresh vegetables with all the trimmings. Please ask your server today's choice of meats.

Vegetarian roast options available on request.

CHILD'S (under 10's)	£7
REGULAR	£10
LARGE	£12



AA 4* GUEST ROOMS

We offer bed & breakfast & have 7 individual, spacious & comfortable guest rooms

DESSERTS

WARM CHOCOLATE FUDGE CAKE	£7
With Cornish clotted cream	
NEW YORK STYLE BAKED VANILLA CHEESECAKE	£7
With fruit compot & Cornish clotted	
SUMMER BERRIES & CORNISH CLOTTED CREAM PAVLOVA (GF)	£7
With fruit coulis	
STICKY TOFFEE PUDDING	£7.50
Warm butterscotch sauce & salted caramel ice cream	
HOMEMADE LEMON POSSET (GF)	£7
Served with homemade shortbread biscuit	
CORNISH CHEESEBOARD (N)(V)(GFO)	£9.50
Davidstow mature cheddar, wild garlic Yarg, Helford blue & Trevarrian brie, with biscuits, onion chutney and grapes	

ICES

ICE CREAM (GFO)	
Strawberry, chocolate, vanilla or salted caramel	
2 scoops	£4
3 scoops	£5
VEGAN ICE CREAM	
Chocolate or vanilla	
2 scoops	£4.50
3 scoops	£5.50
VANILLA & MIXED FRUIT SUNDAE (GFO)	£7
Served with whipped cream & wafer	
CHOCOLATE BROWNIE SUNDAE (GFO)	£7
Served with whipped cream & wafer	