

## THE BRITANNIA INN

### RESTAURANT & ROOMS

TREGREHAN, PAR

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Britanniainn.bytable.net

## STARTERS

**WARM ORIENTAL DUCK SALAD (N)** £7.95  
With hoisin sauce & sticky cashews

**HOMEMADE COD, SALMON, CORRIANDER** £7.95

**CHILLI & LIME FISHCAKES**

Served with lime & harissa mayo

**HOMEMADE CHICKEN LIVER PATÉ (GFO)** £7.45

Warm toast, plum chutney & dressed salad leaves

**PRAWN COCKTAIL (GFO)** £7.95

Baby gem lettuce, croutons, Marie-rose sauce & granary bread

**HALLOUMI FRIES (V)** £7.95

With lime & harissa mayo

## FROM OUR GRILL

Served with rustic chips, tomato, peas & battered onion rings

**10oz GAMMON STEAK\* (GFO)** £16.45

Topped with fried free-range egg & pineapple

**10oz RUMP STEAK\* (GFO)** £19.45

Cooked your way

### Steak Sauce options

Peppercorn Sauce £2.50 Port & Stilton Sauce £2.50

Garlic Butter £1.50

**NEW YORK CHICKEN\* (GFO)** £16.45

Breast of chicken topped with smoked bacon, BBQ sauce & melted cheddar cheese

**KITTOWS 6oz BEEF BURGER** £13.95

Brioche bun, rustic chips, battered onion rings & salad

Add cheese or bacon for £1.00 each

\*Available as (GFO) option without onion rings

## MAINS

**CHEF'S CHICKEN TIKKA MASALA (GF)** £14.95

Basmati rice, poppadum, lime pickle & mango chutney

**HOMEMADE BEEF LASAGNE** £12.45

Served with salad & coleslaw

Served as above with rustic chips & garlic bread £14.95

**BEER BATTERED FILLET OF COD (GFO)** £12.45/ £14.95

Rustic chips, mushy or garden peas & homemade tartar sauce

**WHOLETAIL BREADED SCAMPI** £12.45/£14.95

Rustic chips, peas & homemade tartare

**CHEFS BUBBLE & SQUEAK (GF)** £12.95

With smoked bacon, 2 free-range fried eggs & chilli ketchup

## SIDES

**RUSTIC CHIPS (V)** £3.95

Topped with cheddar or blue cheese £4.95

**SWEET POTATO FRIES (V)** £4.45

Topped with cheddar or blue cheese £5.45

**HALLOUMI FRIES (V)** £7.95

With lime & harissa mayo

**GARLIC CIABATTA (V)** £3.75

Topped with cheese £4.75

**BREAD, OLIVES, ROCKET & BALSAMIC OIL (V)** £6.45

**SIDE SALAD WITH COLESLAW (V)** £3.95

**BATTERED ONION RINGS (V)** £3.75

**BATTERED CHICKEN CHUNKS** £7.95

With garlic mayo & BBQ sauce dip



## BAKED JACKET POTATOES

Freshly baked & served with salad

**DRESSED PRAWNS (GF)** £11.45

With a Marie-rose sauce

**WESTCOUNTRY CHEDDAR CHEESE** £9.95

& RED ONION MARMALADE (V) (GF)

**HOMEMADE BEEF CHILLI (GF)** £10.95

Topped with cheese & sour cream

## FRESHLY BAKED FLATBREADS

Served with salad & handful of rustic chips

**SMOKED BACON, CORNISH BRIE** £11.95

With red onion chutney

**CAJUN DUSTED CHICKEN BREAST** £11.95

With crisp lettuce & garlic mayo

**RUMP STEAK** £13.45

Strips of rump steak, rocket & chilli jam

(PLEASE ADVISE YOUR SERVER IF YOU HAVE ANY DIETARY OR INTOLERANCE REQUESTS PLEASE NOTE WE REQUIRE A PRE-ORDER FOR ALL GROUPS OR PARTIES OVER 10 PERSONS)  
(V) SUITABLE FOR VEGETARIANS | (VG) SUITABLE FOR VEGANS | (GF) GLUTEN FREE | (N) DISH CONTAINS NUTS OR TRACES OF NUTS | (GFO) GLUTEN FREE OPTION AVAILABLE  
PLEASE NOTE ALTHOUGH WE OFFER GLUTEN FREE OPTIONS WE ARE NOT A GLUTEN FREE ESTABLISHMENT, WE CANNOT ENSURE THAT CROSS CONTAMINATION WILL NOT OCCUR.

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

The  
**Britannia**  
Inn  
and Waves Restaurant



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## SALADS & SHARERS

|  |               |
|--|---------------|
| <b>WARM ORIENTAL DUCK SALAD (N)</b>  | <b>£17.95</b> |
| Shredded duck with hoisin sauce, sticky cashews, duck spring roll, coriander & lime arancini balls |               |
| <b>GRILLED CAJUN SALMON SALAD (GF)</b>   | <b>£17.45</b> |
| Cornish Brie, Parma Ham on a Rocket, Olive, Sunblush Tomato & Potato Salad with Garlic Mayo'       |               |
| <b>BEEF CHILLI NACHOS TO SHARE (GF)</b>  | <b>£13.45</b> |
| Sour cream, salsa, cheese & jalapenos  |               |

## VEGETARIAN & VEGAN

|  |               |
|--|---------------|
| <b>VEGETABLE &amp; CHICKPEA MADRAS (V) (VG) (GF)</b>   | <b>£13.95</b> |
| With basmati rice, poppadum, lime pickle & mango chutney                                       |               |
| <b>HALLOUMI, PORTOBELLO MUSHROOM &amp; ROASTED RED PEPPER (V) (GFO)</b>                        | <b>£13.95</b> |
| Served in a brioche bun with Greek yoghurt guacamole, rocket, sweet potato fries & onion rings |               |
| <b>BUBBLE &amp; SQUEAK (V) (GF)</b>  | <b>£11.95</b> |
| With 2 fried free range eggs & chilli ketchup  |               |
| <b>VEGETABLE CHILLI NACHO'S TO SHARE (V)</b>   | <b>£13.45</b> |
| Sour cream, Salsa, Cheese & Jalapeno's   |               |

## FRESH HOMEMADE PIZZA'S

All our Pizza's are served on a 12" base with cheddar & mozzarella cheese.

GFO- Please ask your server if you require gluten free

|  |                  |
|--|------------------|
| <b>GARLIC &amp; HERB (V)</b>   | <b>12" £8.00</b> |
| Topped with cheese   |                  |
|  | <b>12" £9.00</b> |
| <b>MARGHERITA (V)</b>  | <b>£12.50</b>    |
| Tomato & fresh herb sauce, cherry tomatoes, buffalo mozzarella & fresh basil.              |                  |
| <b>HOISIN DUCK</b>   | <b>£15.00</b>    |
| Shredded duck in hoisin, spring onion, coriander, cucumber, leek and bacon crumb           |                  |
| <b>GOATS CHEESE (V)</b>  | <b>£14.00</b>    |
| Caramelised red onion, goats cheese, spinach, sunblushed tomato & pesto                    |                  |
| <b>HAWAIIAN</b>  | <b>£13.50</b>    |
| Tomato & fresh herb sauce, hogs pudding, pulled ham, roasted pineapple & bacon crumb       |                  |
| <b>BBQ CHICKEN</b>   | <b>£14.00</b>    |
| Pulled chicken in a BBQ sauce, smoked bacon, red onion, pepper, coriander & ranch dressing |                  |
| <b>PEPPERONI</b>   | <b>£12.50</b>    |
| Tomato & fresh herb sauce, pepperoni   |                  |

## CHILDRENS MENU

### MAINS

|  |              |
|--|--------------|
| <b>CHICKEN NUGGETS &amp; CHIPS</b>   | <b>£5.95</b> |
| With peas or beans   |              |
| <b>MAC'N CHEESE (V)</b>  | <b>£5.95</b> |
| With garlic ciabatta   |              |
| <b>KITTOWS 4OZ BEEF BURGER</b>   | <b>£5.95</b> |
| In a bun with chips & peas or beans  |              |
| <b>PORK SAUSAGE &amp; CHIPS</b>  | <b>£5.95</b> |
| With peas or beans   |              |
| <b>PASTA BOLOGNESE</b>   | <b>£5.95</b> |
| With cheddar cheese  |              |
| <b>BATTERED COD BITES (GFO)</b>  | <b>£5.95</b> |
| With chips & peas or beans   |              |
| <b>7" MARGHERITA (V)</b>   | <b>£8.45</b> |
| Tomato & fresh herb sauce, cherry tomatoes, buffalo mozzarella & fresh basil |              |
| <b>7" HAWAIIAN</b>   | <b>£8.45</b> |
| Tomato & fresh herb sauce, pulled ham, roasted pineapple & bacon crumb       |              |

### DESSERTS

|   |              |
|---|--------------|
| <b>2 SCOOP ICE CREAM WITH WAFER (GFO)</b>                               | <b>£3.95</b> |
| Strawberry, chocolate, vanilla or salted caramel                        |              |
| <b>2 SCOOP VEGAN ICE CREAM (VG) (GFO)</b>                               | <b>£4.25</b> |
| Chocolate or vanilla  |              |
| <b>CHOCOLATE BROWNIE SUNDAE (GFO)</b>                                   | <b>£4.45</b> |
| Chocolate ice cream, whipped cream, chocolate sauce & marshmallows      |              |
| <b>STRAWBERRY SUNDAE WITH CHOCOLATE STARS (GFO)</b>                     | <b>£4.45</b> |
| Strawberry ice cream, whipped cream, strawberry sauce & chocolate stars |              |

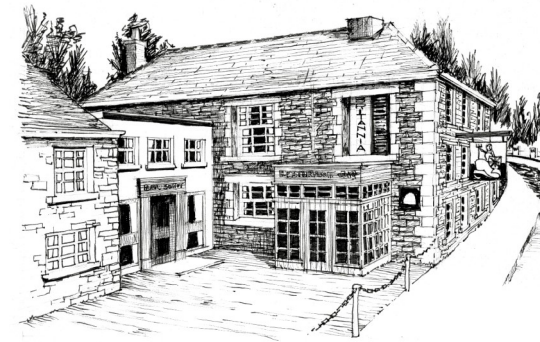
## SUNDAY LUNCH

Served from 12pm every Sunday

Choice of two meats and a large selection of fresh vegetables with all the trimmings. Please ask your server today's choice of meats.

Vegetarian roast options available on request.

|                        |               |
|------------------------|---------------|
| <b>Child's (U10's)</b> | <b>£6.95</b>  |
| <b>Small</b>           | <b>£9.95</b>  |
| <b>Regular</b>         | <b>£11.95</b> |



## AA 4\* GUEST ROOMS

We offer bed & breakfast & have 7 individual, spacious & comfortable guest rooms

## DESSERTS

|   |              |
|---|--------------|
| <b>CHOCOLATE FUDGE CAKE</b>   | <b>£6.45</b> |
| With Cornish clotted cream  |              |
| <b>VANILLA CHEESECAKE</b>   | <b>£6.95</b> |
| With fruit coulis & Cornish clotted cream   |              |
| <b>SUMMER BERRIES &amp; CORNISH CLOTTED CREAM PAVLOVA (GF)</b>  | <b>£6.95</b> |
| With fruit coulis   |              |
| <b>STICKY TOFFEE PUDDING</b>  | <b>£6.95</b> |
| Warm butterscotch sauce & salted caramel ice cream  |              |
| <b>HOMEMADE POSSET</b>  | <b>£5.95</b> |
| With shortbread   |              |
| <b>CORNISH CHEESEBOARD (N) (V) (GFO)</b>  | <b>£9.45</b> |
| Cornish Crumbly, Wild Garlic Yarg, Helford Blue & Trevarrian Brie, with biscuits, plum chutney & grapes |              |

## ICES

|  |                       |                       |
|--|-----------------------|-----------------------|
| <b>ICE CREAMS (GFO)</b>                                    | <b>2 SCOOPS £3.95</b> | <b>3 SCOOPS £4.95</b> |
| Choice of strawberry, chocolate, vanilla or salted caramel |                       |                       |
| <b>VEGAN ICE CREAM</b>                                     | <b>2 SCOOPS £4.25</b> | <b>3 SCOOPS £5.25</b> |
| Chocolate or vanilla (V) (GFO)                             |                       |                       |
| <b>VANILLA &amp; MIXED FRUIT SUNDAE (GFO)</b>              | <b>£6.95</b>          |                       |
| Topped with whipped cream & wafer                          |                       |                       |
| <b>CHOCOLATE BROWNIE SUNDAE (GFO)</b>                      | <b>£6.95</b>          |                       |
| Topped with whipped cream & wafer                          |                       |                       |