

# The Britannia INN

and Waves Restaurant

## THE BRITANNIA INN RESTAURANT & ROOMS

TREGREHAN, PAR, CORNWALL, PL24 2SL | 01726812889 | INFO@BRITANNIAINN.COM



## BAKED JACKET POTATOES

Available 12-6PM Mon-Sat | Freshly baked & served with salad

WEST COUNTRY CHEDDAR CHEESE  
& RED ONION MARMALADE (V) (GF) £8.95

DRESSED PRAWNS (GF) £9.95  
With Marie-Rose sauce

TUNA, SWEETCORN & MAYONNAISE (GF) £8.95

HOMEMADE BEEF CHILLI (GF) £9.95  
Topped with Cheddar cheese & sour cream

SMOKEY THREE BEAN & VEGETABLE CHILLI (V) (GF) £9.95  
With sour cream

## ITALIAN STYLE FLATBREADS

Available 12-6PM Mon-Sat

Served with salad & a handful of rustic chips

SMOKED BACON, CORNISH BRIE & CHUTNEY £9.95

CAJUN DUSTED CHICKEN BREAST £9.95  
With crisp lettuce & garlic mayo

CORNISH RUMP STEAK £9.95  
Strips of rump steak, rocket & chilli jam

## SEE OUR DAILY SPECIALS MENU FOR FURTHER CHOICE

## FRESH SANDWICHES

Available 12-6PM Mon-Sat

Served on white or granary bloomer with vegetable crisps & salad

HONEY ROASTED HAM  
& GRAIN MUSTARD MAYONNAISE £7.95

WESTCOUNTRY CHEDDAR CHEESE  
& RED ONION MARMALADE (V) £7.95

TUNA, SWEETCORN & MAYONNAISE £7.95

CLASSIC B.L.T £7.95

ROASTED BEEF WITH ROCKET & HORSERADISH £7.95

DRESSED PRAWNS IN MARIE ROSE SAUCE £8.95

BROWN & WHITE CRAB MEAT £10.95  
With shredded lettuce, lime & harissa mayonnaise

## SIDES

RUSTIC CHIPS £3.50

*Topped with Cheddar or blue cheese £4.50*

SWEET POTATO FRIES £4.00

*Topped with Cheddar or blue cheese £5.00*

FRESH SEASONAL VEGETABLES £3.50

HALLOUMI FRIES £5.50

*With lime & harissa mayonnaise*

GARLIC CIABATTA £3.00

*Topped with cheese £3.50*

SIDE SALAD WITH COLESLAW £3.50

BATTERED ONION RINGS £3.50

BREAD, OLIVES, ROCKET & BALSAMIC OIL £5.95

BATTERED CHICKEN CHUNKS £5.95

*With sweet chilli or BBQ sauce dip*

## SUNDAY LUNCH

SERVED FROM 12PM

CHILDREN £7.45 | MEDIUM £10.45 | LARGE £12.45

*Choice of two meats from the Westcountry, large selection of fresh vegetables with all the trimmings*

*Carvery served in our dining room, bar & garden*

*Traditional Sunday lunch served to your table in our restaurant & lounge*

## DESSERTS

CHOCOLATE FUDGE CAKE £5.95

*With Cornish clotted cream*

STRAWBERRY, PASSION FRUIT &  
CLOTTED CREAM MERINGUE STACK (GF) £6.45

TRIO OF CORNISH SORBET (GF) £5.95

*Blood orange, elderflower & mango*

BELGIAN CHOCOLATE CHEESECAKE (GF) £6.45

*Cornish clotted cream, fresh strawberries & fruit coulis*

WARM APPLE & SUMMER FRUIT CRUMBLE (N) £5.95

*Served with custard*

STICKY TOFFEE PUDDING £6.45

*Warm butterscotch sauce & salted caramel ice cream*

CORNISH CHEESE BOARD £8.45

*Cornish Crumbly, Wild Garlic Yarg, Helford Blue  
& Trevarrian Brie, with biscuits, plum chutney & grapes*

## ICES

CORNISH ICE CREAMS 2 SCOOPS £3.95 | 3 SCOOPS £4.95

*Choice of strawberry, chocolate, vanilla or salted caramel*

BRITANNIA ICE CREAM SUNDAES

CHOCOLATE BROWNIE £6.95

VANILLA & SUMMER FRUIT £6.95

*Topped with whipped cream & wafers*

## AA 4\* GUEST ROOMS

*We have 7 individual, spacious & comfortable rooms starting from £65pn*

## FUNCTION SUITE & MARQUEE HIRE

*Available to hire for all occasions. Please ask for further info*

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## STARTERS

<b>TODAY'S HOMEMADE SOUP</b> <i>Served with a warm roll &amp; butter</i>	£5.95
<b>WARM ORIENTAL DUCK SALAD (GF) (N)</b> <i>With hoisin sauce &amp; sticky cashews</i>	£7.95
<b>PRAWN &amp; AVOCADO COCKTAIL</b> <i>With baby gem lettuce, croutons, Marie-Rose sauce &amp; granary bread</i>	£7.95
<b>BAKED CORNISH GOAT'S CHEESE, POACHED PEAR &amp; WALNUT SALAD (V) (GF) (N)</b> <i>With a balsamic glaze</i>	£7.95
<b>HOMEMADE COD, SALMON, CORIANDER, CHILLI &amp; LIME FISHCAKES</b> <i>Served with harissa mayo</i>	£7.45
<b>MELON, PINEAPPLE &amp; STRAWBERRY PLATE (V) (GF)</b> <i>Malibu syrup &amp; coconut shavings</i>	£7.45
<b>SALT &amp; PEPPER DUSTED SQUID</b> <i>With cherry tomato &amp; red onion salad, chilli jam &amp; flakes</i>	£7.45

## FROM OUR GRILL

<b>*10oz GAMMON STEAK (GF)</b> <i>Topped with fried free-range egg &amp; pineapple</i>	£14.95
<b>*NEW YORK CHICKEN (GF)</b> <i>Breast of chicken topped with smoked bacon, BBQ sauce &amp; melted Cheddar cheese</i>	£14.95
<b>*10oz WESTCOUNTRY RUMP STEAK (GF)</b> <i>Cooked your way</i>	£16.95
<b>STEAK SAUCE OPTIONS</b>	
<i>Garlic Butter £2.00 Port &amp; Stilton Sauce £2.50 Peppercorn Sauce £2.50</i>	
<i>All the above served with rustic chips, tomato, peas &amp; battered onion rings</i>	
<i>*Available as (GF) option without onion rings</i>	
<b>KITTOW'S LAMB BURGER</b> <i>Roasted red pepper humous, baby gem, Red onion, raita &amp; rustic chips</i>	£13.95
<b>KITTOW'S 6oz BEEF BURGER</b> <i>Brioche bun, rustic chips, battered onion rings &amp; salad</i> <i>Add cheddar cheese or bacon for £1.00 each</i>	£12.95

PLEASE ADVISE YOUR SERVER IF YOU HAVE ANY DIETARY OR INTOLERANCE REQUESTS  
PLEASE NOTE WE REQUIRE A PRE-ORDER FOR ALL GROUPS OR PARTIES OVER 15 PERSONS

(V) SUITABLE FOR VEGETARIANS (VG) SUITABLE FOR VEGANS (GF) GLUTEN FREE (N) DISH CONTAINS NUTS OR TRACES OF NUTS  
*All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.*

## MAINS

<b>HOMEMADE BEEF, MUSHROOM &amp; ALE PIE</b> <i>Puff pastry topping, daily vegetables, horseradish &amp; spring onion mash or chips</i>	£14.95
<b>GORGONZOLA &amp; WALNUT GNOCCHI (N)</b> <i>With cod, prawn &amp; spinach in a basil &amp; wild garlic pesto cream</i>	£14.95
<b>CHEF'S CHICKEN TIKKA MASSALA (GF)</b> <i>Basmati rice, poppadum's, lime pickle &amp; mango chutney</i>	£13.95
<b>HOMEMADE BEEF LASAGNE</b> <i>Served with salad &amp; coleslaw</i> <i>Served as above with rustic chips &amp; garlic ciabatta</i>	£10.95 £13.95
<b>BEER BATTERED FILLET OF COD</b> <i>Rustic chips, mushy or garden peas &amp; homemade tartare</i>	£10.95/£13.95
<b>HONEY ROASTED HAM (GF)</b> <i>Two fried free-range eggs, rustic chips &amp; peas</i>	£10.95
<b>WHOLETAIL BREADED SCAMPI</b> <i>Rustic chips, peas &amp; homemade tartare sauce</i>	£10.95/£13.95
<b>BUBBLE 'N SQUEAK (GF)</b> <i>With smoked bacon, 2 free-range fried eggs &amp; chilli ketchup</i>	£10.95

## VEGETARIAN DISHES

<b>GORGONZOLA &amp; WALNUT GNOCCHI (V) (N)</b> <i>Wild mushrooms, spinach, basil &amp; wild garlic pesto cream with parmesan</i>	£12.95
<b>THAI PENANG VEGAN CURRY (V) (VG) (GF)</b> <i>With basmati rice, poppadum's, lime pickle, mango chutney</i>	£12.95
<b>SMOKEY BEAN &amp; VEGETABLE CHILLI (V)</b> <i>With basmati rice &amp; sour cream</i>	£12.45
<b>HALLOUMI, PORTOBELLO MUSHROOM &amp; RED PEPPER</b>	
<b>HOMEMADE VEGETARIAN BURGER (V)</b> <i>Served on brioche bun, with rocket, humous, garlic aioli &amp; sweet potato fries</i>	£12.95

## SALADS & SHARERS

<b>WARM ORIENTAL DUCK SALAD (N)</b> <i>Shredded duck with Hoisin sauce, sticky cashews, duck spring roll, coriander &amp; lime arancini balls</i>	£15.95
<b>GRILLED CAJUN SPICED SALMON SALAD (GF)</b> <i>Cornish brie, parma ham, on a rocket, olive, marinated potato &amp; sun blush tomato salad with garlic mayonnaise</i>	£14.95
<b>BEEF CHILLI NACHOS (GF)</b> <i>Sour cream, salsa &amp; jalapenos to share</i>	£12.95
<b>THREE BEAN VEGETABLE CHILLI NACHOS (V) (GF)</b> <i>Sour cream, salsa &amp; jalapenos to share</i>	£12.95
<b>BAKED CAMEMBERT IN A BOX</b> <i>Chorizo bread sticks, guindella peppers &amp; mixed olives, with crudités, red onion chutney &amp; battered onion rings</i>	£16.95
<b>SMOKED FISH &amp; SEAFOOD PLATTER</b> <i>Gravadlax, spiced chilli smoked salmon, prawns, greenlip mussels, brown &amp; white crab meat. Served with baby gem lettuce, Marie-Rose sauce &amp; bread</i>	£17.95
<b>SALT &amp; PEPPER DUSTED SQUID</b> <i>With cherry tomato &amp; red onion salad, chilli jam &amp; flakes</i>	£13.95

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